## **Donning Instructions**

Donning of the lifejacket should be practiced so the wearer/user becomes familiar with the operation of the lifejacket prior to possible emergency use.



 Insert left arm through harness as shown - make sure front of lifejacket faces away from body. Pass right arm through right side of harness.



2. Swing lifejacket onto shoulders and connect steel buckles in front of lifejacket.



3. To tighten - hold buckle in left hand and tighten by pulling over webbing belt and take up slack until a comfortable fit is achieved. Any excess webbing can be tucked up in under waistbelt.